



الجامعة الملكية للبنات  
ROYAL UNIVERSITY FOR WOMEN

# **CENTRE FOR GENERAL STUDIES (CGS)**

## **CGS COMMUNITY SERVICE ANNUAL REPORT**

**FOR**

**ACADEMIC YEAR 2018 - 2019**



As part of CGS's commitment to serve the community, CGS has organized the following community service activities during the AY 2018/2019:

### **CGS Students Visit Muharraq Social Welfare Centre**

Real life experiences are the best lessons; and to get an exposure into such an experience was the agenda of the Centre for General Studies on November 1, 2018. Around 50 students of EAS level 2 visited the Muharraq Social Welfare Centre, a home that provides holistic care to the elderly, as part of a project-based field trip. The students were enthusiastic and compassionate as they presented the patients with flowers, food items, and small gifts. It was an enriching experience for the students to meet men and women who were aged, yet vibrant in their behavior. The staff members gave a tour of the place and shared valuable inputs about the type of special care that is given to the elderly people. The students also had a brief session of singing traditional songs along with seeking their valuable advice for life.



### **CGS Students Visit to The Civil Defense**

Real heroes work to save lives and protect the citizens from dangers. The students of EAS level 1 went for a field trip to the Civil Defense, Riffa, on the 26th of November 2018. The trip was a complete package of information, hands on experience of fighting fire and an insight into the life of a firefighter. The students were given a complete presentation on firefighting measures undertaken and a peek into the loaded fire engines. They were also given a live demo of how the security personnel's work during times of emergency. The most interesting part of the trip was when the students got an opportunity to use the firefighting machinery and learn to extinguish fire.





### RUW Participates in a Beach Clean Up Day

As part of the Community Service course and RUW's commitment to serve the community, Ms. Amy Owen-ALKhaldi, with the assistance of students Ms. Fizza and Ms. Houria Zain from organized an RUW Beach Clean Up in collaboration with Clean Up Bahrain where nearly 500KG of waste was collected. The event took place on Friday, December 7th from 8:30 AM- 10:30 AM at Jid AlHaj Beach. Community service students were joined by RUW faculty and administrative staff to take part in this service-based commitment.



### RUW Workers' Appreciation Day

As part of the Community Service course activities, Ms. Amy Owen-ALKhaldi and her students organized an RUW Workers' Appreciation Day for cleaning, security, ICT, and facilities staff. The event was held on Thursday, December 20th from 11:00 AM- 1:00 PM in the Student Center. The cheerful recognition event included giving gifts, fun activities, a pizza party and a photo booth.







### Community Service Students Organize Dog Walk with BSPCA

Students from the Community Service course organized a dog walking event in collaboration with the BSPCA in Askar, Bahrain. The event took place on Saturday, December 22, from 10am-1pm. The purpose of the walk was to generate awareness about animals in need and to encourage volunteering at the BSPCA.



### Photo Voice Awareness Campaign for Bukuwarah Bakery

As part of a photo voice project which aims to represent a community's or subject's voice through pictures, students in Ms. Amy Owen's Community Service course beautifully capture the hard labor and sacrifice that goes in to running one of the oldest bakeries in Bahrain. AlBukuwarah Bakery's specialty is its traditional Bahraini bread cooked by sticking dough to the side of stone oven walls. The bread is sold at the rate of 100 fils for 5 pieces. What a delicious deal! These pictures were later used in a fundraising campaign by the students. All proceeds went to renovating the bakery.





### Volunteer Work at The Hope Institute

For 6 weeks, students from the Community Service course volunteered at The Hope Institute in Bahrain. The Hope Institute is an organization that provides education and development services to students with special needs. The Community Service students served as teachers for the children and tutored them on various subjects. They also were in charge of various activities, including an arts and crafts day they organized in collaboration with The Hope Institute.



### Student Project with Dar AlBar Elderly Home

As part of the Community Service course with Ms. Amy Owen, a group of students volunteered at Dar AlBar Elderly Home for 6 weeks. The students tended to the daily needs of the residents and organized various activities in collaboration with the organization including a drawing competition with the theme of traditions in Bahrain, and a cooking competition.







### Students Collaborate with Bahrain Down Syndrome Society for Community Service Project

In RUW's Community Service course, students spent 6 weeks volunteering at Bahrain Down Syndrome Society where they served as teachers in the classroom and organized activities for the children. Additionally, with the guidance of the organization's director, the students spent a weekend painting the ground of the outdoor area with different shapes and designs which will be used for developmental and educational games and activities.





### RUW Students Teach Pre-Schoolers on the Importance of Health

For 6 weeks, students in Ms. Amy Owen's Community Service course volunteered at Little Starz Preschool in Riffa where they served as teacher assistants. They also collected and donated snacks and toys for the school, and held a sports day which included educational games about health. In the pictures above, students are playing a game in which they sort through healthy and unhealthy snacks and take turns running items to labeled crates.



### Students Engage in Community Service at Alfakhwari Stables

As part of the Community Service course taught by Ms. Amy Owen, a group of students spent 6 weeks volunteering at Alfakhwari Stables near Bahrain Fort. The students wanted to focus their work on animals, as they felt they are often overlooked in Bahrain, yet are in serious need. During their time volunteering, the students learned how to properly care for horses and tend to their needs. They cleaned out their stables, groomed them, and even helped train them. Finally, to conclude their work at Alfakhwari Stables, they held a small event where guests could learn about the importance of taking care of animals properly.







### RUW Students Volunteer to Teach English to Children

In collaboration with the non-profit organization Dream Big, students from the Community Service course volunteered for 6 weeks as English teachers for children. In addition to helping their students with English, they also were responsible for contributing to the activities and events organized by Dream Big. For example, they assisted in planning a Career Day, where students learned about various professions, a Colors Day, where students learned about the various colors and voted on the best, and a Movie Day, where teachers selected a movie and enjoyed with their classes. The students plan on continuing their service work, as they feel it is such a rewarding experience.







### Community Service Students Volunteer to Deliver Meals on Saturdays

For 8 weeks, students in the Community Service course taught by Ms. Amy Owen volunteered with a group called Saturday Biryani Party to deliver meals to workers throughout Bahrain. Each Saturday, the group would meet at 12:30PM at different locations and provide an average of 160 meals to workers. The students enjoyed this rewarding experience very much, and regularly brought family and friends to participate in the cause.





### **RUW Students Organize 24<sup>th</sup> Anniversary Party for UCO Parents Care Center**

Students in the Community Service course with Ms. Amy Owen spent the semester working at UCO Parents Care Center. Unlike many elderly care centers, UCO Parents Care Center is not a live in facility, rather a center where members come during the day or for workshops for social and entertainment purposes. During their time working there, the students helped organize many activities for the members including a computer skills workshop, handcrafts workshop, and foreign language classes. In the final week of their service, the students held an event in celebration of the centers 24<sup>th</sup> anniversary. The students gave speeches about the history of the center and its success, and food and entertainment for the event.





### Community Service Student Helps Families Prepare for Ramadan

Over the last 2 months, a student in the Community Service course, Rayana Jawahery, has been volunteering at AlNasr Islamic Center. During her service work, she worked with the mosque to deliver donated goods to families in need throughout Bahrain. In the last few weeks, the focus shifted to preparing for Ramadan, and the student donated a generous supply of water and dates which were distributed to families in preparation for the month.

